

CHAPMAN'S Restaurant & Bar

for

LUNCH
SERVED 11:30AM - 2:00PM

Soups

- Soup Du Jour.....cup 3/ bowl 5
 Tomato Gouda Soup.....cup 3/ bowl 5
 Cup of Soup and House Salad.....7

Salads and Quiche

- Pecan Chicken Salad.....8
 Chicken breast, Granny Smith apples, red grapes,
 and celery in a creamy honey Dijon dressing, topped
 with sweet Georgia pecans.
- Chicken Salad.....8
 Chicken breast, fresh baby greens, green onions,
 gruyere cheese with fat-free raspberry-balsamic
 vinaigrette.
- Gorgonzola Pear Salad.....7
 Fresh baby greens with crumbled gorgonzola, sliced
 fresh pears, dried cranberries, and walnuts with our
 raspberry dressing.
- Caesar Salad.....5
 Romaine lettuce, kalamata olives, garlic croutons and
 parmesan cheese.
- House Salad.....5
 Fresh baby greens, carrots, tomatoes and red onion.
- Half Sandwich and Cup of Soup.....7
- Quiche of the Day with Fresh Fruit.....7
- Fresh Salad Dressings- Ranch, Bleu Cheese, Honey
 Mustard, Raspberry, Fat-free Raspberry Vinaigrette,
 Thousand Island.

Salads served with fresh-baked bread.

Sandwiches

- All served with lettuce, tomato, pickle spear, and cole slaw.
- Filet Mignon Sandwich.....11
 A 4oz center cut filet with provolone cheese served on a
 Kaiser bun.
- Black Angus Rib Eye Sandwich.....11
 A grilled to perfection Rib Eye topped with Swiss cheese
 served on sourdough bread.
- Chapman's Black Angus Burger.....10
 One half pound of juicy grilled natural beef, with your choice
 of cheese, served on a toasted Kaiser roll.
- Sourdough Club.....9
 Smoked ham, turkey and bacon, with mayonnaise on
 toasted sourdough bread.
- Nutty Bird Sandwich.....9
 Turkey, cream cheese, sunflower seeds, alfalfa sprouts,
 provolone cheese, avocado and mayonnaise on grilled sourdough.
 Vegetarian Version.....8
- Hot Brown.....8
 Open faced, sliced turkey and bacon, topped with creamy
 monnay sauce and parmesan, broiled 'til brown and bubbly on
 sourdough.
- Chapman's Reuben.....8
 Shaved corned beef on grilled marble rye with sauerkraut,
 Swiss cheese and Thousand Island dressing.
- Add Steak Fries or Onion Rings.....3
- Cheese selection – American, Swiss, Gruyere, Cheddar,
 Gorgonzola, Bleu, or Pepper Jack
- Prepared with your choice of bread – Sourdough, Whole
 Grain, Pumpernickel, Rye, or a Kaiser Roll.